

# Business Health Select handbook

What you need to know

October 2016

Call FAST TRACK APPOINTMENTS on 0800 206 1808 to get a fast, hassle free specialist appointment. See the 'Making a Claim' section inside before seeing your GP.

**Private healthcare for small and medium businesses**



**PPP HEALTHCARE**

**redefining** / healthcare

## Welcome to your membership

Welcome to your membership of AXA PPP healthcare.

I know there's a lot in this handbook, but we want to make sure you've got all the information you need.

These are exciting times in health and medicine. The human race has never seen such a pace of new discoveries and developments, and it's pretty likely the speed of things will only increase.

In an ideal world, we'd cover all proven treatment for all health conditions, all of the time, no matter how they've come to affect you. But no health insurance – or health service for that matter – in the world could ever do that. So we give you the fullest cover we can and cover the vast majority of the thousands of claims we get every week, while still keeping your health insurance affordable. Unfortunately, it often takes more words to explain the detail of what's not covered than to simply tell you all that is, but there's nothing to hide so we tell you everything.

Everyone here – all of our nurses, doctors, health experts, phone advisers, claims handlers, technicians... everyone – wants you to enjoy the best possible health and healthcare.

I wish you the best of health.

Keith Gibbs

Chief Executive, AXA PPP healthcare

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### Questions about your plan

**0800 587 0955**

Monday to Friday 8:30am to 5:30pm

### Claims

**0800 206 1808**

Monday to Friday 8am to 8pm and Saturday 9am to 5pm

### 24 hour medical help and information

**0800 003 004**

We are committed to giving customers access to our products. To contact us by Text Relay on any of the numbers listed in this handbook just prefix the number listed with 18001. For example, our team of Personal Advisers can be contacted by Text Relay on 18001 0800 206 1808. For Health queries and information 18001 0800 003 004.

# 1 Quick-start guide to your membership

This section explains the basics of your cover. It also tells you some of the key things that are not covered too.

Reading this section will help you to understand the rest of the information in the handbook.

The tables in this section only give you an outline of your cover. For full details of your cover, please read the rest of your handbook too.

[1.1 > Your core cover – applies to all members](#)

[1.2 > Extra cover from Options](#)

[1.3 > The main things we don't cover](#)

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## Words and phrases in bold type

Some of the words and phrases we use in this handbook have a specific meaning. For example, when we talk about **treatment**.

We've highlighted these words in **bold**. You can find their meanings in the glossary.

## You and your

When we use you and your, we mean the **lead member** and any **family members** covered by your plan.

## We, us and our

When we use we, us or our, we mean AXA PPP healthcare.

## 1.1 > Your core cover – applies to all members

This table shows you the core cover your membership gives you.

Core cover table		
If you're an in-patient or day-patient		
Private hospital and day-patient unit fees	✓ Paid in full so long as you use a hospital or day-patient unit in our <b>Directory of Hospitals</b>	Including fees for in-patient or day-patient: <ul style="list-style-type: none"><li>• accommodation</li><li>• <b>diagnostic tests</b></li><li>• using the operating theatre</li><li>• nursing care</li><li>• drugs</li><li>• dressings</li><li>• radiotherapy and chemotherapy</li><li>• physiotherapy</li><li>• surgical appliances that the <b>specialist</b> uses during <b>surgery</b>.</li></ul> » For details, see 3.7
Cash payment if you use a hospital or day-patient unit that is not in our <b>Directory of Hospitals</b>	✓ £50 a night for <b>in-patient treatment</b> ✓ £50 a day for <b>day-patient treatment</b>	If you have private in-patient treatment or day-patient treatment at a hospital or day-patient unit that is not in our <b>Directory of Hospitals</b> . » For details, see 3.7
Specialist fees	✓ No yearly limit	Includes fees for: <ul style="list-style-type: none"><li>• surgeons</li><li>• anaesthetists</li><li>• physicians.</li></ul> » For details, see 3.5
Accommodation for one parent while a child is in hospital	✓ Paid in full	Covers the cost of one parent staying in hospital with a child under 16. The child must be covered by your membership and having <b>treatment</b> covered by it.

If you're an out-patient		
Surgery	✓ No yearly limit	» For details, see 3.7
CT, MRI or PET scans	✓ Paid in full at a <b>scanning centre</b> , or hospital listed as a <b>scanning centre</b> , in our <b>Directory of Hospitals</b>	A <b>specialist</b> must refer you. CT = Computerised Tomography MRI = Magnetic Resonance Imaging PET = Positron Emission Tomography » For details, see 3.7
Cash payment if you have a CT, MRI or PET scan at a hospital or <b>day-patient unit</b> that is not in our <b>Directory of Hospitals</b>	✓ £50 each visit	If you have a CT, MRI or PET scan at a <b>scanning centre</b> that is not in our <b>Directory of Hospitals</b> . » For details, see 3.7
Other benefits		
Ambulance transport	✓ Paid in full	If you are having private <b>in-patient</b> or <b>day-patient treatment</b> and it is medically necessary to use a road ambulance to transport you to another medical facility.
Cash payment if you have chemotherapy or radiotherapy free on the NHS	✓ £50 a day up to £2,000 a year	If you choose to have <b>day-patient</b> or <b>out-patient</b> chemotherapy or radiotherapy to treat <b>cancer</b> on the NHS. We will only pay this if the <b>treatment</b> would have been covered by your membership. If you have an excess, you do not have to pay this if having this <b>treatment</b> . » For details, see 4.1
Expert Help	✓ Direct access to healthcare experts for members 24/7	» For details, see 1.4

## 1.2 > Extra cover from Options

The following tables show you what cover your Options give you. Your membership guide shows which Options you have chosen.

## Out-patient Options

### Standard Out-patient Option table

#### Cover applies when you're an out-patient

<b>Specialist consultations</b>	✓ Up to two consultations a year	We pay for consultations in the order we assess the claims, which may not be the same order that you had the consultations. So the consultations we pay for may not be the first two that you had. » For details, see 3.6
<b>Diagnostic tests</b> when your <b>specialist</b> refers you	✓ No yearly limit	

### Enhanced Out-patient Option table

#### Cover applies when you're an out-patient

<b>Specialist consultations</b>	✓ A combined yearly limit of £1,000	<b>Practitioners</b> are <b>nurses</b> , dieticians, orthoptists and speech therapists. » For details, see 3.6
<b>Diagnostic tests</b> when your <b>specialist</b> refers you		
<b>Practitioner fees</b> when your <b>specialist</b> refers you		

The tables in this section only give you an outline of your cover. For full details of your cover, please read the rest of your handbook too.

Full Out-patient Option table		
Cover applies when you're an out-patient		
<b>Specialist consultations</b>  <b>Diagnostic tests</b> when your <b>specialist</b> refers you  <b>Practitioner fees</b> when your <b>specialist</b> refers you	✓ No yearly limit	<b>Practitioners</b> are <b>nurses</b> , dieticians, orthoptists and speech therapists.  » For details, see 3.6

Therapies Option table		
<b>Fees for out-patient treatment</b> by physiotherapists, <b>acupuncturists</b> , <b>homeopaths</b> , osteopaths or chiropractors	✓ No yearly limit on fees: <ul style="list-style-type: none"> <li>• up to an overall maximum of ten sessions in a <b>year</b> when your GP refers you or when you have <b>therapist treatment</b> through our Working Body team.</li> <li>• further sessions (as long as we agree them first) when your <b>specialist</b> refers you</li> </ul>	We call physiotherapists, osteopaths and chiropractors <b>therapists</b> .  » For details, see 3.6

Mental Health Option table		
If you're an in-patient or day-patient		
<b>Private hospital and day-patient unit fees</b> for psychiatric treatment	✓ Paid in full	So long as you use a hospital or <b>day-patient unit</b> in our <b>Directory of Hospitals</b> . Including fees for: <ul style="list-style-type: none"> <li>• accommodation</li> <li>• <b>diagnostic tests</b></li> <li>• drugs.</li> </ul> » For details, see 3.7
Cash payment if you use a hospital or <b>day-patient unit</b> that is not in our <b>Directory of Hospitals</b>	✓ £50 a night for <b>in-patient treatment</b> ✓ £50 a day for <b>day-patient treatment</b>	If you have private <b>in-patient treatment</b> or <b>day-patient treatment</b> for a psychiatric condition at a hospital or <b>day-patient unit</b> that is not in our <b>Directory of Hospitals</b> .  » For details, see 3.7
<b>Specialist fees</b> for psychiatric <b>treatment</b>	✓ No yearly limit	» For details, see 3.6
If you're an out-patient		
<b>Specialist consultations</b> for psychiatric <b>treatment</b>	✓ No yearly limit	» For details, see 3.6
Psychiatric <b>treatment</b> by psychologists and <b>cognitive behavioural therapists</b>	✓ No yearly limit	» For details, see 3.6

## Extra Care Option table

Nurse to give you chemotherapy or antibiotics by intravenous drip at home	✓ Paid in full	<p>We will pay for <b>treatment</b>:</p> <ul style="list-style-type: none"> <li>• at home</li> <li>• somewhere else that is appropriate.</li> </ul> <p>We will pay for a <b>nurse</b> to give you either of the following by intravenous drip:</p> <ul style="list-style-type: none"> <li>• chemotherapy to treat <b>cancer</b></li> <li>• antibiotics.</li> </ul> <p>This is so long as:</p> <ul style="list-style-type: none"> <li>• we have agreed the <b>treatment</b> beforehand</li> <li>• you would otherwise need to be admitted for <b>in-patient</b> or <b>day-patient treatment</b></li> <li>• the <b>nurse</b> is working under the supervision of a <b>specialist</b> who is in our 'fee-approved' category – see page 15</li> <li>• the <b>treatment</b> is provided through a healthcare services supplier that we have a contract with for this kind of service.</li> </ul>
Cash payment when you have free <b>treatment</b> under the NHS	✓ £100 a night up to £2,000 a year	<p>We pay this when:</p> <ul style="list-style-type: none"> <li>• you are admitted for <b>in-patient treatment</b> before midnight</li> <li>• we would have covered your <b>treatment</b> if you had had it privately.</li> </ul> <p>If you have an excess, we will not take this off this cash payment.</p> <p>You can also receive this cash payment if you have <b>treatment</b> in an NHS Intensive Therapy or Intensive Care unit, whether it follows private <b>treatment</b> or not.</p>

## Oral surgery

✓ Paid in full so long as you use a **facility** that we have an agreement with covering oral **surgery**

So long as your dentist refers you, we will pay for:

- reinserting your own teeth after a trauma
- surgical removal of impacted teeth, buried teeth and complicated buried roots
- removal of cysts in the jaw (sometimes called enucleation).

» To check if we have an agreement with a facility for oral surgery, see our Directory of Hospitals at [axapphealthcare.co.uk/hospitals](http://axapphealthcare.co.uk/hospitals)

» For details, see 4.30

## Chiropody fees

✓ Up to £150 a year

So long as your chiropodist is qualified. If you have an excess, you do not have to pay the excess if having this **treatment**.

» For details, see 4.4

## Dentist and Optician Cashback Option table

Dentist fees	✓ 80% of your dentist's fees, up to £400 a year	<p>If you have an excess, you do not have to pay the excess if you claim for dentist fees.</p> <p>» For details, see 4.30</p>
Optician fees	✓ 80% of the cost of prescribed glasses and contact lenses, up to £200 a year	<p>We will pay this so long as the glasses or lenses are used to correct your vision. If you have an excess, you do not have to pay the excess if you claim for optician fees.</p> <p>» For details, see 4.16</p>
Eye test	✓ Up to £25 a year for an eye test	<p>If you have an excess, you do not have to pay the excess if you claim for an eye test.</p> <p>» For details, see 4.16</p>



### Extra Cancer Cover Option table

This cover extends the cancer cover you have with your core cover and any extra out-patient cover you have		» For details, see 4.1
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### Extended Cover Option table

Extra cover for <b>treatment</b> at any hospital, <b>day-patient unit</b> or <b>scanning centre</b> in the <b>UK</b> that is not listed in the <b>Directory of Hospitals</b>	✓ Paid in full up to the normal daily rates published and charged by the facility	» For details, see 3.7
Extra cover for <b>treatment</b> received outside of the <b>UK</b> , Channel Islands or Isle of Man	✓ Up to the cost we would pay for equivalent <b>treatment</b> in the <b>UK</b>	So long as: <ul style="list-style-type: none"> <li>the <b>treatment</b> is carried out by a medical practitioner</li> <li>we have agreed the fee before you go abroad for the <b>treatment</b></li> </ul> You will need to pay for <b>treatment</b> and claim the costs back from us. » For details, see 4.31
Extra cover for <b>Fee limited specialists</b>	✓ Paid in full	So long as they do not charge significantly more than they usually do for that, or similar, <b>treatment</b> .
Fees for visits to a private GP for consultations	✓ Up to £500 a <b>year</b>	

Doctor@Hand consultations	✓ Up to five consultations a <b>year</b> with a Doctor@Hand GP	Access to a GP service for online, video or telephone consultations. You can access this service at <a href="http://axapphealthcare.co.uk/DAH">axapphealthcare.co.uk/DAH</a> You will need to pay for your consultations and claim the costs back from us. If you have an excess, we will not take this off this benefit.
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### Travel cover

» Please see your Travel cover handbook		
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### 1.3 > The main things we don't cover

Like all health insurance plans, there are a few things that are not covered. We've listed the most significant things here, but please also see the detail later in your handbook.

#### Does my membership mean I don't need to use the NHS?

No. Your insurance is not designed to cover every situation. It is designed to add to, not replace, the NHS. There are some conditions and treatments that the NHS is best at handling – emergencies are a good example.


#### What are the key things my membership doesn't cover?

Your plan does not cover	For more information	Notes
✗ Routine pregnancy and childbirth	» For details, see 4.21 or call us on 0800 206 1808	Few health insurance plans cover pregnancy and childbirth because they are not illnesses, and the NHS is set up to deal with them.
✗ Treatment of medical conditions you had, or had symptoms of, before you joined.	» For details, see 3.3	Your plan is designed to cover necessary <b>treatment</b> of new <b>medical conditions</b> that arise after you join.
✗ Treatment of ongoing, recurrent and long-term conditions (chronic conditions)	» For details, see 3.4	
✗ Fees if you choose to use a hospital that is not in our <b>Directory of Hospitals</b>	» For details, see 3.7	If you choose to use a different hospital, we may pay you a small cash payment. We use a <b>Directory of Hospitals</b> as it helps us to keep subscriptions affordable. » See our <b>Directory of Hospitals</b> at <a href="http://axapphealthcare.co.uk/hospitals">axapphealthcare.co.uk/hospitals</a>

### Key things that may not be covered depending on the Options you have

Your membership certificate, which is part of your membership guide, shows you which Options you have.

Your Options	Your cover
If you do not have an out-patient Option	✗ You do not have any cover for <b>out-patient diagnostic tests</b> or consultations
If you do not have the Therapies Option	✗ You do not have cover for fees for physiotherapists, <b>acupuncturists</b> , <b>homeopaths</b> , osteopaths or chiropractors
If you do not have the Mental Health Option	✗ You do not have cover for any psychiatric <b>treatment</b>
If you do not have the Dentist and Optician Cashback Option	✗ You do not have cover for dentists' or opticians' fees

 If you have any questions about your cover please call us on 0800 206 1808



## 1.4 > Expert Help

Have you ever wished a friend or someone in your family was a medical expert? You'd be able to talk to them whenever you liked and they'd have time to listen, reassure and explain in words you understand.

Being there to help with your health questions is just what our Expert Help services are here for. Our medical teams including nurses and a wide variety of healthcare professionals can answer the questions you might often wish you could ask.

Our Expert Help services do not diagnose or prescribe, and are not designed to replace your **GP**. Any information you share with us is confidential and will not be shared with other parts of our business, like our claims department.

### Call with your health queries any time – just ask

Our medical team is ready to help whether you want to talk about a specific health worry, medication and treatment or simply need a little guidance and reassurance.

You can speak to them whenever you want to – day or night.

#### Health at Hand

0800 003 004

24 hours a day, 365 days a year.

Midwife and pharmacist services – Monday to Friday 8am to 8pm, Saturday 8am to 4pm and Sundays 8am to 12pm.

#### The experts

- nurses
- counsellors
- midwives
- pharmacists.

### Health information you can trust

Our online Health Centres bring together the latest information from our own experts, specialist organisations and NHS resources.

You can also put your own questions to our panel of experts at our regular live online discussions.

Alternatively you can e-mail your question through our Ask the Expert online panel and an appropriate medical professional will respond to you.

#### Visit our website

[axapphealthcare.co.uk/health](https://axapphealthcare.co.uk/health)

#### The experts

- Extensive panel, including doctors, psychologists, nurses, physiotherapists and dieticians.

### Support from our dedicated nurses

If you are diagnosed with cancer or a heart condition, we'll put you in touch with your own dedicated nurse. They are available to support you and your family, from diagnosis and throughout your illness and treatment.

Our dedicated nurses are available whenever you need to talk, 24 hours a day. It can make a big difference.

#### Personal support after diagnosis of a heart condition or cancer

##### Dedicated Heart Nurse

0800 2182 303

##### Dedicated Cancer Nurse

0800 1114 811

24 hours a day, 365 days a year

#### The experts

- dedicated nurses.

## 2 Making a claim

### 1 Ask your GP for an open referral

If your GP says you need specialist treatment, tell them you want to go private and ask for an 'open referral'.

With an open referral your GP doesn't name a particular specialist. This means our Fast Track Appointments service can help you find a suitable specialist and make a convenient appointment for you.

### 2 Call us on 0800 206 1808 before you see the specialist

Call us as soon as you've seen your GP. It's important you call us before you see the specialist or have any treatment so that we can tell you what you're covered for. This will mean you don't end up having to pay for treatment that you're not covered for.

### 3 We'll check your cover and let you know what happens next

We may ask you to provide more information, for example from your GP or specialist. You, your GP or your specialist must provide us with the information we ask for by the date that we ask for it or you may not be covered for your claim.

You can also use our Fast Track Appointments if you would like a second opinion from another specialist. Simply call us and we can discuss the options with you.

### For muscle, bone and joint pain, you can use Working Body

#### – no GP referral needed

When you experience muscle, bone or joint pain, it's important that you get the most appropriate support early.

With 'Working Body' you can get access to advice and treatment without the need for a GP referral. As soon as you develop a problem, just call us. We'll check what cover you have and you'll get a call back by the end of the next working day to arrange a free telephone assessment.

During your phone assessment, a physiotherapist will listen to your concerns, take you through an initial assessment and then advise the most appropriate **treatment** for you.

### How we pay claims

We normally settle any bills directly with the **specialist** or the hospital where you've had your **treatment**. If your **treatment** is not covered for any reason, we will let you know.

#### How do you pay my medical bills?

**Specialists** and hospitals normally send their bills to us, so we can pay them directly. If you need to pay an excess, we will let you know how to pay it.

» For more details, see 5.2

#### Do I need to tell the place where I have my treatment that I am an AXA PPP healthcare member?

Yes you must tell the place where you have your **treatment** that you are an AXA PPP healthcare member. This will mean that the fees charged for your **treatment** are those we have agreed with the hospital or centre.

#### What happens if I've paid the bills myself already or if I receive a bill?

If you paid your medical bills yourself and your **treatment** is covered, we will refund you the costs, minus any excess. Please send the original receipts from the **specialist** or hospital to AXA PPP healthcare, Phillips House, Crescent Road, Tunbridge Wells, Kent TN1 2PL.

If you receive a bill, please call us and we'll explain what to do next.

#### What should I do if I need further treatment?

If you need further **treatment**, please call us first to confirm your cover.

## The information we may need when you make a claim

When you call us, we'll explain if your **treatment** is covered and normally you won't need to fill in any forms.

Usually, this all happens very quickly. However, sometimes we need more detailed medical information, including access to your medical records.

### What does 'more detailed information' mean?

We may need more detailed information in any of the following ways:

- We may need your GP or **specialist** to send us more details about your **medical condition**. Your GP may charge you for providing this information. This charge is not covered by your **plan**.
- We may also ask you to give us consent to access your medical records.
- In some cases, we may also ask you to complete additional forms. We will need you to complete these forms as soon as possible, but no later than six months after your **treatment** starts (unless there is a good reason why this is not possible).
- Very rarely, we may have to ask a specialist to advise us on the medical facts or examine you. In these cases, we will pay for the specialist to do this and will take your personal circumstances into account when choosing the specialist.

### What happens if I don't want to give the information you've asked for?

If you do not give us information we ask for, or do not consent to our accessing your medical records when we ask, we will not be able to assess your claim and so will not be able to pay it. We may also ask you to pay back any money that we have previously paid to do with this **medical condition**.

## What if my treatment isn't covered?

If your membership does not cover your **treatment**, we'll explain this and also tell you about what we can do to support you through your NHS **treatment**.

## What if I want to see a specific specialist?

We always recommend that you ask your GP for an open referral. That's a referral that does not name a **specialist**. With an open referral, you'll have a choice of **specialist** and we can make your appointment for you. This will also mean we can check that we cover that **specialist's** fees.

However, if you would prefer to use a specific **specialist**, or if your GP has already named a **specialist**, simply call us as soon as you can and we can tell you whether we cover that **specialist's** fees. If we don't, we can suggest an alternative and make the appointment for you if you wish.

## Where can I find more information about the quality and cost of private treatment?

You can find independent information about the quality and cost of private treatment available from doctors and hospitals from the Private Healthcare Information Network: [www.phin.org.uk](http://www.phin.org.uk)

## What happens if I need emergency treatment?

In an emergency, please call for an NHS ambulance or go to a hospital A&E department. Most private hospitals are not set up for emergency **treatment**.

If you need further **treatment** after your emergency **treatment**, please call us, as we may be able to cover this.

### ✓ Extra cover if you have the Extra Care Option

If you have the Extra Care Option, you may be able to claim a cash payment for each night you spend in an NHS hospital.

» For more details, see the Extra Care Option table on page 6

# 3 How your membership works

- 3.1 > Looking at who should provide treatment
- 3.2 > How we cover drugs, treatment and surgery
- 3.3 > How your membership works with pre-existing conditions and symptoms of them
- 3.4 > How your membership works with conditions that last a long time or come back (chronic conditions)
- 3.5 > Paying the specialists and practitioners that treat you – cover for all members
- 3.6 > Paying the specialists and practitioners that treat you – extra cover that depends on your Options
- 3.7 > Paying the places where you're treated – cover for all members
- 3.8 > General restrictions

## How your membership works

For full details of how your membership works, please read the rest of your handbook too.

### Any questions?

If you're unsure how something works, just call us on 0800 587 0955 and we'll be very glad to explain. It's often quicker and easier than working it out from the handbook alone.

### Making a claim

If you would like to make a claim, please call us on 0800 206 1808 first and we'll be able to check your cover for you and tell you what to do next.

## 3.1 > Looking at who should provide treatment

Your membership does not cover primary care services such as any service that could be provided by GPs, dentists and opticians. This includes drugs and **treatment**.

### ✓ Extra cover if you have the Dentist and Optician Cashback Option

If you have the Dentist and Optician Cashback Option, some services provided by dentists and opticians will be covered.

» For more details, see the [Dentist and Optician Cashback Option table](#)

### ✓ Extra cover if you have the Extended Cover Option

If you have the Extended Cover Option you have some cover for private GP consultations and access to Doctor@Hand.

» For more details, see the [Extended Cover Option table](#)

## 3.2 > How we cover drugs, treatment and surgery

We cover drugs, **treatment** and **surgery** that have been proven to be effective and have been approved or licensed by a recognised body. Like most health insurers, this means that we do not cover unproven or experimental **treatment**.

### Who approves or licenses treatments we cover

For a **treatment** to be covered, it must have:

- been shown to be effective through an appropriate clinical trial and assessment, with the results published in authoritative medical journals, or
- been approved by NICE (The National Institute for Health and Care Excellence) as safe and effective for the specific purpose it is to be used for.

If the **treatment** is a drug, the drug must be:

- licensed for use by the European Medicines Agency or the Medicines and Healthcare products Regulatory Agency, and
- used according to that licence.

We work with hospitals and specialists to encourage the use of cost effective drugs. This means where a drug is available with the same drug formulation as an alternative (for example a brand-name drug) we will pay for the most cost effective option.

### Experimental or unproven treatment

We do not cover unproven or experimental **treatments**.

If there is evidence that an appropriate medical body recognises an unproven or experimental **treatment** as appropriate, we may agree to cover the **treatment**. We will only do this if we are able to agree reasonable fees with your **specialist** and hospital before you start the **treatment**. We will only pay up to the cost of an equivalent non-experimental **surgical procedure** as listed in our schedule of procedures and fees. You are not covered for complications that arise as a result of authorised or unauthorised unproven or experimental **treatment**.

» To check whether we will agree to cover a treatment, please call us on 0800 206 1808 before you start treatment

### 3.3 > How your membership works with pre-existing conditions and symptoms of them

Health insurance is usually designed to cover **treatment** of new **medical conditions** that begin after you join. Your cover for **treatment** of conditions you were aware of or had already had when you joined depends on what you told us about your medical history when you joined.

#### Am I covered for treatment of any conditions I was aware of when I joined?

We call conditions you were aware of when you joined **pre-existing conditions**.

#### The definition of pre-existing condition

A **pre-existing condition** is any disease, illness or injury that:

- you have received medication, advice or **treatment** for in the five years before the start of your cover, or
- you have experienced symptoms of in the five years before the start of your cover: whether or not the condition was diagnosed.

On your membership certificate, you'll see a section called 'Your cover for existing conditions'. This will tell you which underwriting terms you joined on. Here are the options:

- Fully underwritten (or full medical underwriting)
- Continuing medical exclusions
- Medical history disregarded
- Moratorium – see next page.

In the following panels, we've explained how each of these work, but if you're unsure about your cover for **treatment** of **pre-existing conditions** it's always best to call us.

#### Fully underwritten or full medical underwriting

'Fully underwritten' means we asked you for details of your medical history, including any **pre-existing conditions**, before you joined. We then worked out your cover based on the information we received.

We have listed any special terms or exclusions on your membership certificate – please check this carefully. For example, you may not have cover for something specific if you have had that condition in the past. Your certificate will also show whether we can remove the exclusion after a period of time.

#### Continuing medical exclusions

If you joined us on 'continuing medical exclusions' terms, we are carrying on your exclusions for **medical conditions** from your previous health insurer. This normally means we only asked you a few brief medical questions.

We have listed any special terms or exclusions on your membership certificate – please check this carefully. For example, you may not have cover for something specific if you have had that condition in the past. Your certificate will also show whether we will remove the exclusion after a period of time.

If we carried on a moratorium from your previous healthcare insurance, the rules of your moratorium may be slightly different, and we may start the moratorium from when it originally began on your previous insurance. Your membership certificate will show when your moratorium started.

#### Medical history disregarded

If you joined us on 'medical history disregarded' terms, we accepted any **pre-existing conditions** you might have had when you joined. We normally only do this if we are continuing cover from a different health insurer or from a company membership, or for a newborn baby who was added to your membership.

### Moratorium

If you joined us on moratorium terms, it means that you won't have cover for **treatment** of medical problems you had in the five years before you joined us until:

- you've been a member for two years in a row, and
- you've had a period of 12 consecutive months since you joined that have been **trouble-free** from that condition.

If you joined us from another health insurer, and we carried on your moratorium from that insurer, the rules may be slightly different, and we may start the moratorium from when it originally began on your previous insurance. Your membership certificate will show more details about how your particular moratorium works.

### The definition of trouble-free

#### If you joined on moratorium terms, what do we mean by trouble-free?

Trouble-free means that you have not done any of the following for the **medical condition** you need **treatment** for:

- had a medical opinion from a medical practitioner, including a GP or specialist
- taken medication (including over-the-counter drugs)
- followed a special diet
- had medical **treatment**
- visited a practitioner, therapist, homeopath, acupuncturist, psychologist, cognitive behavioural therapist, optician or dentist.

#### What if you didn't tell us about a condition, symptom or treatment you knew about when we asked?

Whichever form of underwriting you joined on, we may have asked you some medical questions before agreeing your cover. We worked out your terms or your subscription based on your answers. If you did not answer fully or accurately, even if this was by accident, we may not cover **treatment** for the condition.

This means we will not cover **treatment** for any conditions that you should have told us about when we asked, but that you either did not tell us about at all, or that you did not tell us the full extent of. This includes:

- any pre-existing or previous condition, whether you had **treatment** for them or not
- any previous **medical condition** that recurs
- any previous **medical condition** that you should reasonably have known about, even if you did not speak to a doctor.

Whenever you claim, we may ask your GP, specialist or practitioner for more information to confirm whether you had any symptoms before you joined.

If we need to look at your medical history, we will need some time to do this before we can confirm whether we can cover your claim.

### 3.4 > How your membership works with conditions that last a long time or come back (chronic conditions)

Like most health insurance, your membership is designed to cover unexpected illness and conditions that respond quickly to **treatment** (**acute conditions**). This means that it may not cover you for **treatment** of conditions that are likely to last a longer time or come back (**chronic conditions**). However, there are particular situations where we can cover **treatment** for these kinds of conditions.

#### Does my membership cover me for treatment of conditions that last a long time or come back (chronic conditions)?

Your membership does not cover you for conditions that:

- come back (recur)
- are likely to continue for a while
- are long-term.

However, your membership will cover short-term **in-patient treatment** of flare-ups of a **chronic condition** – that is, unexpected complications or worsening of a **chronic condition**.

Because we don't cover ongoing, recurring long-term **treatment** for **chronic conditions**, this means we will not cover:

- monitoring a **medical condition**
- any **treatment** that only offers temporary relief of your symptoms, rather than dealing with the underlying condition
- routine follow-up consultations.

However, please see the notes on **treatment** for **cancer** and heart conditions below, as there are some exceptions to these rules.

#### What are acute conditions and chronic conditions?

Like most health insurers, we use the Association of British Insurers' definitions for these.

#### Acute condition

An **acute condition** is a disease, illness or injury that is likely to respond quickly to **treatment** that aims to return you to the state of health you were in immediately before suffering the disease, illness or injury, or that leads to your full recovery.



## Chronic condition

A **chronic condition** is a disease, illness or injury that has one or more of the following characteristics:

- It needs ongoing or long-term monitoring through consultations, examinations, check-ups or tests.
- It needs ongoing or long-term control or relief of symptoms.
- It requires your rehabilitation, or for you to be specially trained to cope with it.
- It continues indefinitely.
- It has no known cure.
- It comes back or is likely to come back.

### What happens if a condition I have is a chronic condition?

If your condition is chronic, unfortunately there will be a limit to how long we cover your **treatment**. If we are not able to continue to cover your **treatment**, we will tell you beforehand so that you can decide whether to start paying for the **treatment** yourself, or to transfer to the NHS.

### How does this affect my cover for cancer treatment?

We treat **cancer treatment** in a different way to other long-term conditions, and cover more long-term **treatment**.

» There is a full explanation of how we cover cancer treatment in section 4 of the handbook

### How does this affect my cover for treatment of heart conditions?

#### ✓ Extra cover if you have an out-patient Option

If you have an out-patient Option, we will make an exception for treating some heart conditions.

If you have any of the following **surgery** on your heart, we will carry on paying for long-term monitoring, consultations, check-ups, scans and examinations related to the **surgery**. We will continue to pay for this while you are still a member and have **out-patient** cover.

- coronary artery bypass
- cardiac valve surgery
- implanting a pacemaker, defibrillator or other cardiac device
- coronary angioplasty.

We will not pay for routine checks that a GP would normally carry out, such as anticoagulation, lipid monitoring or blood pressure monitoring.

✗ If you do not have an out-patient Option, we will not cover long-term monitoring, consultations, check-ups, scans or examinations related to your heart condition.

Whether you have an out-patient Option or not, we will still be here to support you if you are diagnosed with a heart condition. At any time, you can speak to one of our specialist nurses for heart patients. They will be able to give you guidance and information about your condition and the **treatment** you are having.

### What other treatment is covered for chronic conditions?

✗ If you do not have an **out-patient** Option, your cover for **treatment** of **chronic conditions** is likely to be limited, as most of the **treatment** happens when you are an **out-patient**. However, if your condition flares up or you develop complications, we will cover **in-patient treatment** to take your condition back to its controlled state.

#### ✓ Extra cover if you have an out-patient Option

If you have an **out-patient** Option, we will cover the following up to your **out-patient** limits:

- the initial investigations to diagnose your condition
- **treatment** for a few months, so that your **specialist** can start your **treatment**.

### Are there any conditions that are always regarded as chronic?

Yes. Some conditions are likely to always need ongoing **treatment** or are likely to recur. This is particularly the case if the condition is likely to get worse over time. An example is Crohn's disease (inflammatory bowel disease).

If you have one of these conditions, we will contact you to tell you when we will stop cover for **treatment** of the condition. We will contact you so that you can then decide whether to start paying for the **treatment** yourself, or to transfer to the NHS.

» For more information about how we cover treatment for chronic conditions, including some examples of how our cover works, please see [axapphealthcare.co.uk/chronic](http://axapphealthcare.co.uk/chronic)

## 3.5 > Paying the specialists and practitioners that treat you – cover for all members

### Does my plan cover the full fees charged by specialists?

If your **treatment** is covered, we will pay different amounts depending on what kind of arrangement we have with your **specialist**. There are three types of arrangement:

- **Fee-approved specialist**. Using a **fee-approved specialist** gives you the maximum reassurance, as we pay all their fees. If you use our Fast Track Appointments service, and you would like us to book your appointment for you we will book it with a **fee-approved specialist**.
- **Fee-limited specialist**. You may need to pay some costs yourself.
- **Specialists we do not pay for**. We do not pay any of their costs.

We use these arrangements for anaesthetists too – please also see below if you think your **treatment** will involve an anaesthetist.

Please also see the rest of this section for more about the people we pay.

#### Fee-approved specialists – what we pay

We will usually recommend you see a **fee-approved specialist**, as this will give you the maximum reassurance that the costs will be covered.

Call us as soon as you have seen your GP, and our Fast Track Appointments team can make your appointment with a **fee-approved specialist** for you.

This will mean that so long as your **treatment** is covered, we will pay for the following for a **fee-approved specialist**:

- consultations
- **diagnostic tests**
- hospital **treatment**
- **surgery**.

This is so long as your GP or dentist refers you for **treatment** with that type of **specialist**.

#### Fee-limited specialists – what we pay

We still pay **fee-limited specialists**, but you may also need to pay some costs yourself.

So long as your **treatment** is covered, and your GP or dentist refers you, we will still pay some of the fees for a **fee-limited specialist**. However, we will only pay up to the amount we show in the schedule of procedures and fees. This means that you will probably need to pay something towards the cost of your **treatment**.

When you call to make your claim, we can tell you what you may need to pay for that particular **specialist**. However, you may also want to ask them for a quote before starting **treatment** to make sure you know what you may need to pay.

#### Schedule of procedures and fees

This is a list of the fees that we pay.

» You can find it at [axapphealthcare.co.uk/fees](http://axapphealthcare.co.uk/fees), or call us on 0800 206 1808 and we'll send you a copy

#### Specialists we do not pay for

We will not pay any of their costs, so you will need to pay all their costs yourself.

There are some specialists that are not on either our 'fee-approved' or 'fee-limited' lists. This means that we will not pay any of their fees, or any fees for **treatment** under their direction. If you do not want to pay for **treatment**, call us before you start **treatment**. We will be happy to find a **specialist** whose fees we will cover.

#### What about anaesthetists?

If you think that your **treatment** will involve an anaesthetist, please check with your **specialist** which anaesthetist they will use and let us know before your **treatment** starts. We will then be able to tell you whether we pay their fees (see 'Fee-approved specialists' above).

If you don't know which anaesthetist your **specialist** will use, we will do everything we can to let you know if they often use an anaesthetist that we do not pay in full.

As with other **specialists**, if the anaesthetist is 'fee-limited' or a **specialist** that we do not pay, you will have to pay some or all of the fees yourself. Please see the panels above for the different arrangements we have with **specialists**.

#### Fast Track Appointments

Our Fast Track Appointments team can find up to three suitable **specialists** for you to choose from, and can even book your appointment for you. Just call us on 0800 206 1808.

### 3.6 > Paying the specialists and practitioners that treat you – extra cover that depends on your Options

#### Who will be paid under out-patient Options?

##### ✓ Extra cover if you have an out-patient Option

If you have an **out-patient** Option, we will pay for **out-patient** consultations with a **specialist** and the **diagnostic tests** that they say you need. We will pay so long as your GP refers you.

» For more about how we pay specialists, see the Core cover table on page 3 and section 3.5

##### ✓ Extra cover if you have the Enhanced or Full Out-patient Option

If you have either the Enhanced or Full Out-patient Option, we will also pay **out-patient treatment practitioner** fees. By **practitioners** we mean:

- **nurses**
- dieticians
- orthoptists
- speech therapists.

We will pay so long as:

- a fee-approved or fee-limited **specialist** is directing your **treatment**
- your **specialist** refers you.

We pay **practitioner** fees up to the level shown in our schedule of procedures and fees.

- » You can find our schedule at [axapphealthcare.co.uk/fees](http://axapphealthcare.co.uk/fees) or call us on 0800 206 1808 and we'll send you a copy
- » Please note we have criteria for which practitioners we recognise and pay. Please see the Glossary for more information, or call us to check

#### Who will be paid under the Therapies Option?

##### ✓ Extra cover if you have the Therapies Option

If you have the Therapies Option, we will pay **out-patient treatment** fees for any of the following that we recognise so long as your **treatment** is covered and the Working Body team, your GP or **specialist** refers you:

- physiotherapists
- **acupuncturists**
- **homeopaths**
- osteopaths
- chiropractors.

If our Working Body team or your GP refers you for the **treatment**, you are covered for the treatment you need up to an overall maximum of ten sessions in a **year**.

If your **specialist** refers you, we may agree to more sessions, but will need to agree them in writing first.

We pay **acupuncturists** and **homeopaths** up to the level shown in our schedule of procedures and fees.

- » You can find our schedule at [axapphealthcare.co.uk/fees](http://axapphealthcare.co.uk/fees) or call us on 0800 206 1808 and we'll send you a copy

We pay physiotherapists, osteopaths and chiropractors in full if we recognise them. All **therapists** used by our Working Body team will be recognised by us. Please call us before you start **treatment** so we can confirm whether we recognise your **therapist**.

If you choose to use a therapist that we do not recognise, we will not pay for your **treatment**.

#### Who will be paid under the Mental Health Option?

##### ✓ Extra cover if you have the Mental Health Option

If you have the Mental Health Option, we will pay for covered **in-patient** or **day-patient** psychiatric **treatment**, including **specialist** fees, as shown in the Mental health Option table on page 5.

We will pay for **out-patient treatment** by any of the following:

- a mental health **specialist**
- a **cognitive behavioural therapist**, so long as a **specialist** in our 'fee-approved' category oversees your **treatment**
- a **psychologist**, so long as a **specialist** in our 'fee-approved' category oversees your **treatment**.

We will pay **cognitive behavioural therapists** or **psychologists** up to the level shown in our schedule of procedures and fees.

- » You can find our schedule at [axapphealthcare.co.uk/fees](http://axapphealthcare.co.uk/fees) or call us on 0800 206 1808 and we'll send you a copy
- » See section 3.5

#### What extra cover is there with the Extended Cover Option?

##### ✓ Extra cover if you have the Extended Cover Option

If you have the Extended Cover Option we will pay the fees of a **fee limited specialist** in full. We will pay so long as they do not charge a fee that is significantly more than the fee they usually charge for that, or similar **treatment**.

### 3.7 > Paying the places where you're treated – cover for all members

#### Where can I have treatment?

If your **treatment** is covered by your membership, we will pay your hospital fees in full. This is so long as a **specialist** is overseeing your **treatment**, and you use one of the following listed in our **Directory of Hospitals**:

- a hospital
- a **day-patient unit**
- a **scanning centre** (for CT, MRI or PET scans).

**In-patient** and **day-patient** hospital fees include costs for things like:

- accommodation
- **diagnostic tests**
- using the operating theatre
- nursing care
- drugs
- dressings
- radiotherapy and chemotherapy
- physiotherapy
- surgical appliances that the **specialist** uses during **surgery**.

» For more about how we pay for treatment, please also see sections 3.5 and 3.6

There are special rules about the following kinds of **treatment**:

- **out-patient treatment**
- intensive care
- cataract **surgery**
- oral **surgery** as part of the Extra Care Option.

» See next page for more details about these

#### What you must tell the place where you have your treatment

You must tell the place where you have your **treatment** that you are an AXA PPP healthcare member. This will help to ensure that the fees charged for your **treatment** are those we have agreed with the hospital or centre.

» You can find our **Directory of Hospitals** in an online member area at [axapphealthcare.co.uk/hospitals](http://axapphealthcare.co.uk/hospitals) or on your member site.

#### What happens if I choose a different hospital or scanning centre for treatment?

If you have **in-patient** or **day-patient treatment** at a hospital, **day-patient unit** or use a **scanning centre** that is not in our **Directory of Hospitals**, we will pay £50 a day for **day-patient treatment** or £50 a night for **in-patient treatment** or £50 a visit to a **scanning centre**. You will need to pay the majority of the cost yourself. This could be a significant amount.

#### Where can I have out-patient treatment?

The cover you have for **out-patient treatment** depends on whether you have an out-patient Option.

We will pay fees at an **out-patient facility** in full so long as we have an agreement with the provider that covers **out-patient treatment**. We will pay these so long as your **treatment** is covered by your membership, and a **specialist** is overseeing it.

We do not pay for **out-patient** drugs or dressings.

If we don't have an agreement with that provider, we will not pay any of their fees. Please always check with us beforehand to make sure we have an arrangement with them.

#### What about intensive care?

If you have private intensive care **treatment** in a **private hospital** or in an NHS Intensive Therapy or Intensive Care unit, we will pay for this so long as:

- it immediately follows private **treatment** that was covered by your membership
- you or your next of kin have asked for you to have the intensive care **treatment** privately.

#### Where can I have cataract surgery?

If you need cataract **surgery**, we will pay for your **treatment** at any **facility** where we have an agreement covering cataract **surgery**. These are shown in our **Directory of Hospitals**. Your GP will need to refer you for the **treatment**.

Please contact us to find an appropriate **specialist** and **facility** for your **treatment**.

#### What about treatment on the NHS?

✗ If you do not have the Extra Care Option, we do not pay anything else when you have **treatment** on the NHS.

#### ✓ Extra cover if you have the Extra Care Option

If you have the Extra Care Option, and have free **treatment** on the NHS that would have been covered by your membership, we will pay you a cash payment. This includes **treatment** in an NHS Intensive Therapy or Intensive Care unit.

» For more details, see the Extra Care Option table on page 6

### Does my plan cover payment for treatment anywhere else?

We only pay for **treatment** at the places listed. For example, we do not pay anything for **treatment** at a health hydro, spa, nature cure clinic or any similar place, even if it is registered as a hospital.

### Where can I have oral surgery under the Extra Care Option?

✗ If you do not have the Extra Care Option, we do not cover any oral **surgery**.

#### ✓ Extra cover if you have the Extra Care Option

If you have the Extra Care Option, we will pay for oral **surgery** at any **facility** that we have an agreement with covering oral **surgery**. These are shown in the **Directory of Hospitals**. Your dentist will need to refer you for the **treatment**.

» For more details, see the Extra Care Option table on page 6

Please contact us to find an appropriate **specialist** and **facility** for your **treatment**.

#### ✓ Extra cover if you have the Extended Cover Option

If you have the Extended Cover Option you have extra cover for **treatment** at hospitals, day-patient units and scanning centres that are not in our **Directory of Hospitals**. As long as your **treatment** is covered we will pay for you to have it at any hospital, **day-patient unit**, out-patient facility or **scanning centre** in the **UK**.

## 3.8 > General restrictions

### High charges

We will not pay if any of the following charge a significant amount more than they usually do, unless we have agreed this beforehand:

- a **specialist** in our fee-approved category
- a physiotherapist
- an osteopath
- a chiropractor
- a **cognitive behavioural therapist**
- a **psychologist**.

### Consultations within 10 days of treatment

We will not pay any separate fee that your **specialist** makes for consultations within 10 days of carrying out **surgery**.

### Treatment and referrals by family members

We will not pay for drugs or **treatment** if:

- the person who refers you is a member of your family
- the person who treats you is a member of your family.

## 4 Your cover for specific conditions, treatment, tests and costs

- 4.1 > Cancer
- 4.2 > Alcohol abuse, drug abuse, substance abuse
- 4.3 > Breast reduction
- 4.4 > Chiropody and foot care
- 4.5 > Consequences of previous treatment
- 4.6 > Contraception
- 4.7 > Cosmetic surgery
- 4.8 > Criminal activity
- 4.9 > External prostheses or appliances
- 4.10 > Fat removal
- 4.11 > Gender re-assignment or gender confirmation
- 4.12 > GP and primary care services
- 4.13 > Infertility and assisted reproduction
- 4.14 > Kidney dialysis
- 4.15 > Learning and developmental disorders
- 4.16 > Long sightedness, short sightedness and astigmatism
- 4.17 > Mental health
- 4.18 > Nuclear, biological or chemical contamination and war risks
- 4.19 > Organ or tissue donation
- 4.20 > Out-patient drugs and dressings
- 4.21 > Pregnancy and childbirth
- 4.22 > Preventative treatment and screening tests
- 4.23 > Reconstructive surgery
- 4.24 > Rehabilitation
- 4.25 > Self-inflicted injury and suicide
- 4.26 > Sexual dysfunction

- 4.27 > Social, domestic and other costs unrelated to treatment
- 4.28 > Sports related treatment
- 4.29 > Sterilisation
- 4.30 > Teeth and dental conditions
- 4.31 > Treatment abroad
- 4.32 > Treatment that is not medically necessary
- 4.33 > Warts
- 4.34 > Weight loss treatment

There are particular rules for how we cover some conditions, **treatments**, tests and costs. This section explains what these are.

You should read this section alongside the other sections of this handbook as the other rules of cover will also apply, for example our rules about pre-existing conditions, **chronic conditions** and who we pay.

If you're at all unsure about the cover you have with your membership – even if you don't need to claim for it at the moment – please just give us a call on 0800 206 1808. We'll always be glad to explain your cover, and it's often quicker and easier than working it out from the handbook alone.

### Any questions?

Just call us on 0800 206 1808 and we'll be very glad to help explain anything that's unclear.

If you want to make a claim, please call us on 0800 206 1808 first and we'll be able to check your cover for you and tell you what to do next.



4.1 > Cancer

Due to the nature of **cancer**, we cover it a little differently to other conditions. This section explains the differences. If a specific aspect of your cover is not mentioned here, the standard cover described elsewhere in your handbook applies.

About your cover for cancer treatment

We will cover **treatment** for any new **cancer** that starts after you join. We will also cover that **cancer** if it comes back and you are still a member.

If you have exclusions to do with **cancer** because of your past medical history, we will not cover your treatment if this **cancer** comes back.

» For more details of how we cover treatment of pre-existing medical conditions, see section 3.3

Cover for all members

We will cover investigations into **cancer** and treatment to kill **cancer** cells.

Experienced dedicated nurses and case managers

Our registered nurses and case managers provide support over the phone and have years of experience of supporting **cancer** patients and their families. When you call, we will put you in touch with a nurse or case manager who will then support you throughout your **treatment**. Your nurse or case manager will be happy to speak to your specialist or doctor directly if you need them to check any details. They can also give you guidance on what to expect during **treatment** and how to talk about your illness to friends and family.

Supporting you if you're diagnosed with cancer

Expert support if you choose to have your treatment on the NHS.

We have developed extra support services to help you and your family if you are diagnosed with **cancer** and you decide to have your **treatment** on the NHS instead of using this **plan** to have private **treatment**. We may be able to help you with everyday concerns, such as arranging transport, childcare or domestic help.

Please call us before your **treatment** begins, so that we can discuss with you what kind of expert support is available.

☎ If you are diagnosed with **cancer** – please call us on 0800 206 1808 so we can explain how we can support you.

Cover for all members

If you have **day-patient** or **out-patient** radiotherapy or chemotherapy on the NHS, and your **plan** would have covered that **treatment**, we will make a cash payment.

✓ Extra cover if you have the Extra Care Option

If you have the Extra Care Option, we will also make a cash payment for **in-patient treatment** on the NHS (as well as **out-patient** and **day-patient** radiotherapy or chemotherapy).

Do the rules about chronic or recurring conditions apply to cancer?

We don't apply our rules about chronic or recurring conditions to **cancer**. Please carefully read all of this section (4.1) to find out how we cover **treatment** for **cancer**.

Comparing our cancer cover

To help make our **cancer** cover clearer, the following information is in a format that the Association of British Insurers (ABI) recommend. This will also help you to compare the cover you get as standard with the cover you get with the Extra Cancer Cover Option.

Place of treatment	If I have the Extra Cancer Cover Option, am I covered?	If I do not have the Extra Cancer Option, am I covered?
Private hospitals, day-patient units or scanning centres listed in our <b>Directory of Hospitals</b> .	✓ Yes	✓ Yes
Chemotherapy by intravenous drip at home.	✓ Yes	✓ If you have the Extra Care Option. » For more details, see the Extra Care Option table on page 6.
Treatment at a hospice.	✓ We will make a donation of £100 for every night you spend in a hospice or have hospice at home care.	✗ We will not make a donation.

Diagnostic	If I have the Extra Cancer Cover Option, am I covered?	If I do not have the Extra Cancer Option, am I covered?
Whether you are an <b>in-patient</b> , <b>day-patient</b> or <b>out-patient</b>		
<b>Surgery</b> as shown below under ' <b>Surgery</b> '.	✓ Yes	✓ Yes
CT, MRI and PET scans.	✓ Yes	✓ Yes
Genetic testing proven to help choose the best chemotherapy.	✓ Yes	✓ Yes
Genetic testing to work out whether you have a genetic risk of developing <b>cancer</b> .	✗ No	✗ No

If you're an <b>in-patient</b> or <b>day-patient</b>		
✓ <b>Specialist</b> fees for the <b>specialist</b> treating your <b>cancer</b> when you are an <b>in-patient</b> or <b>day-patient</b> .	✓ Yes	✓ Yes
✓ <b>Diagnostic tests</b> as an <b>in-patient</b> or <b>day-patient</b> .	✓ Yes	✓ Yes

If you're an <b>out-patient</b>		
✓ <b>Specialist</b> consultations with the <b>specialist</b> treating your <b>cancer</b> when you are an <b>out-patient</b> .	<p>✓ Yes</p> <p>If you have an <b>out-patient</b> Option, the consultations will not come out of your <b>out-patient</b> limit.</p> <p>If the consultations are before your diagnosis, consultations are covered as part of your overall <b>out-patient</b> limit.</p> <p>» For more details, see the <b>out-patient Option tables on page 4</b></p>	<p>✗ If you do not have an out-patient Option: no.</p> <p>✓ If you have an out-patient Option: yes.</p>
✓ <b>Diagnostic tests</b> as an <b>out-patient</b> when ordered by the <b>specialist</b> treating your <b>cancer</b> .	<p>✓ Yes</p> <p>If you have an <b>out-patient</b> Option, the tests will not come out of your <b>out-patient</b> limit.</p> <p>If the tests are before your diagnosis, consultations are covered as part of your overall <b>out-patient</b> limit.</p> <p>» For more details, see the <b>out-patient Option tables on page 4</b></p>	<p>✗ If you do not have an out-patient Option: no.</p> <p>✓ If you have an out-patient Option: yes.</p>

Surgery	If I have the Extra Cancer Cover Option, am I covered?	If I do not have the Extra Cancer Option, am I covered?
Whether you are an <b>in-patient</b> , <b>day-patient</b> or <b>out-patient</b>		
<p><b>Surgery</b> for the <b>treatment</b> or diagnosis of <b>cancer</b>, so long as that <b>treatment</b> has been shown to be effective.</p> <p>» See page 37 for how we define surgery.</p> <p>» See page 12 for more about effective treatment.</p>	✓ Yes	✓ Yes

Preventative	If I have the Extra Cancer Cover Option, am I covered?	If I do not have the Extra Cancer Option, am I covered?
<p>Preventative <b>treatment</b>, such as:</p> <p>Screening when you do not have symptoms of <b>cancer</b>. For example, if you had a screen that showed you have a genetic risk of breast <b>cancer</b>, we would not cover the screening or any <b>treatment</b> to reduce the chances of developing breast <b>cancer</b> in future (such as a mastectomy).</p> <p>Vaccines to prevent <b>cancer</b> developing or coming back – such as vaccinations to prevent cervical <b>cancer</b>.</p>	✗ No	✗ No

Drug therapy	If I have the Extra Cancer Cover Option, am I covered?	If I do not have the Extra Cancer Option, am I covered?
<p><b>Out-patient</b> drugs or other drugs that a GP could prescribe. This includes drugs or prescriptions you are given to take home if you have had <b>in-patient</b>, <b>day-patient</b> or <b>out-patient treatment</b>.</p>	<p>Please call us about these drugs. We don't cover them, but we can help you apply to get these paid for by the NHS. Call us on 0800 206 1808 and we can talk you through this.</p>	<p>Please call us about these drugs. We don't cover them, but we can help you apply to get these paid for by the NHS. Call us on 0800 206 1808 and we can talk you through this.</p>
<p>Drug <b>treatment</b> to kill <b>cancer</b> cells – including:</p> <ul style="list-style-type: none"> <li>• biological therapies, such as Herceptin or Avastin</li> <li>• chemotherapy.</li> </ul>	<p>✓ Yes</p> <p>There is no time limit on how long we cover these drugs.</p> <p>We will cover them if:</p> <ul style="list-style-type: none"> <li>• they have been licensed by the European Medicines Agency or the Medicines and Healthcare products Regulatory Agency, and</li> <li>• they are used according to their licence, and</li> <li>• they have been shown to be effective.</li> </ul> <p>Because drug licences change, this means that the drugs we cover will change from time to time.</p> <p>Please call us to find out the latest <b>treatments</b> that we cover.</p>	<p>✓ Yes</p> <p>We cover these drugs for up to one year, or for the time allowed by the licence – whichever is shorter if:</p> <ul style="list-style-type: none"> <li>• they have been licensed by the European Medicines Agency or the Medicines and Healthcare products Regulatory Agency, and</li> <li>• they are used according to their licence, and</li> <li>• they have been shown to be effective.</li> </ul> <p>We start the time limit from when you first started <b>treatment</b> that we paid for.</p> <p>Because drug licences change, this means that the drugs we cover will change from time to time.</p> <p>Please call us to find out the latest <b>treatments</b> that we cover.</p>

Experimental drugs.	If you take part in a randomised clinical trial that the appropriate ethics committee has approved, while you are receiving the experimental drug we will pay for your stay in hospital, including your specialist's fees.  You need to call us before <b>treatment</b> so we can agree costs and cover in writing. There may be information we need you to provide before we can agree costs. For example we will need you to provide us with a copy of your trial acceptance forms.	✗ Not covered.
Other drugs. We cover: <ul style="list-style-type: none"> <li>• Bone strengthening drugs such as bisphosphonates or Denosumab</li> <li>• Hormone therapy that is given by injection (for example goserelin, also known as Zoladex).</li> </ul>	✓ Yes. They are covered as long as you have them at the same time as you are having chemotherapy or biological therapy to kill cancer cells covered by your membership.	✓ We will cover these for up to three months as long as you have them at the same time as you are having chemotherapy or biological therapy to kill cancer cells that is covered by your membership.
Drugs for treating conditions secondary to <b>cancer</b> , such as erythropoietin (EPO).	✓ Yes, while you are having chemotherapy that is covered by your membership.	✓ Yes, while you are having chemotherapy that is covered by your membership.
<b>Radiotherapy</b>	If I have the Extra Cancer Cover Option, am I covered?	If I do not have the Extra Cancer Option, am I covered?
<b>Radiotherapy</b> including when it is used to relieve pain.	✓ Yes	✓ Yes

<b>Palliative and end of life care</b>	If I have the Extra Cancer Cover Option, am I covered?	If I do not have the Extra Cancer Option, am I covered?
Care to relieve pain or other symptoms rather than cure the <b>cancer</b> .	✓ We will provide cover and support throughout your <b>cancer treatment</b> even if it becomes incurable. We cover radiotherapy, chemotherapy and <b>surgery</b> (such as draining fluid or inserting a stent) to relieve pain.	✓ We will provide cover and support throughout your <b>cancer treatment</b> even if it becomes incurable. We cover radiotherapy, chemotherapy and <b>surgery</b> (such as draining fluid or inserting a stent) to relieve pain.
Donation to a hospice where you are having end of life care, or a donation to a service providing hospice at home care.	✓ £100 a night	✗ No
<b>Monitoring</b>	If I have the Extra Cancer Cover Option, am I covered?	If I do not have the Extra Cancer Option, am I covered?
<b>Follow ups</b> – cover for follow up consultations and reviews for <b>cancer</b> .	✓ Yes, so long as you are still a member and have a plan that covers this.	✗ If you do not have an out-patient Option: no. ✓ If you have an out-patient Option: yes, for ten years from your last <b>surgery</b> , chemotherapy or radiotherapy for that <b>cancer</b> so long as you are still a member and have a plan that covers this.
Routine monitoring or checks that a GP or someone else in a GP surgery (or other primary care setting) could carry out.	✗ No	✗ No

Follow up procedures that are for monitoring rather than <b>treatment</b> . Some <b>cancer</b> patients need procedures to check whether <b>cancer</b> is still present or has returned. For example, these could include colonoscopies to check the bowel or cystoscopies to check the bladder.	✓ Yes	✓ Yes
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Limits	If I have the Extra Cancer Cover Option, what limits are there on <b>treatment</b> under my membership?	If I do not have the Extra Cancer Cover Option, what limits are there on <b>treatment</b> under my membership?
Time limits on <b>cancer treatment</b> . Your membership covers you while you are having <b>treatment</b> to kill <b>cancer</b> cells.	None	There are some time limits on drug <b>treatment</b> for <b>cancer</b> . For example, we will cover drug <b>treatment</b> to kill <b>cancer</b> cells (such as biological therapies or chemotherapy) for up to one year, and bone strengthening drugs or hormone therapy by injection for up to three months as described in this table.
Money limits on <b>cancer treatment</b> .	No specific limits – the same rules apply to your <b>cancer treatment</b> as for any other <b>treatment</b> .	No specific limits – the same rules apply to your <b>cancer treatment</b> as for any other <b>treatment</b> .

Other benefits	If I have the Extra Cancer Cover Option, what other benefits are there?	If I do not have the Extra Cancer Cover Option, what other benefits are there?
Stem cell or bone marrow <b>treatment</b> . This includes paying reasonable costs to a live donor to donate bone marrow or stem cells. It does not include any related administration costs. For example, we will not cover transport costs or the cost of finding a donor. » See page 27 for more about this.	✓ Yes	✓ Yes
The cost of wigs or external prostheses needed because of cancer whilst you are having treatment to kill cancer cells.	✓ Up to £150 a year for wigs and up to £5,000 a year for prostheses.	✗ No

## 4.2 > Alcohol abuse, drug abuse, substance abuse

We do not cover **treatment** you need as a result of, or in any way connected to, alcohol abuse, drug abuse or substance abuse.

## 4.3 > Breast reduction

We do not cover either male or female breast reduction.

## 4.4 > Chiropody and foot care

Our cover for chiropody and foot care depends on whether you have the Extra Care Option. We will not cover any general chiropody or foot care, even if a surgical podiatrist provides it. This includes things like gait analysis and orthotics.

### ✓ Extra cover under the Extra Care Option

If you have the Extra Care Option, we will cover fees for chiropody up to £150 per year, so long as your chiropodist is qualified.

» For more details, see the Extra Care Option table on page 6

#### 4.5 > Consequences of previous treatment

If you had **treatment** previously that would not be covered by your membership, we do not cover further **treatment** or increased **treatment** costs that are:

- a result of the **treatment** you had previously, or
- connected with the **treatment** you had previously.

#### 4.6 > Contraception

We do not cover contraception or any consequence of using contraception.

#### 4.7 > Cosmetic surgery

We do not cover:

- Cosmetic **treatment** or cosmetic **surgery**.
- **Treatment** that is connected to previous cosmetic **treatment** or cosmetic surgery.

» See also 4.23 Reconstructive surgery

#### 4.8 > Criminal activity

We do not cover **treatment** you need as a result of your active involvement in criminal activity.

#### 4.9 > External prostheses or appliances

We do not cover the costs of providing or fitting external prostheses or appliances, such as crutches, joint supports, and contact lenses.

##### ✓ Extra cover if you have the Extra Cancer Cover Option

If you have the Extra Cancer Cover Option, we will pay towards the cost of wigs or external prostheses needed because of **cancer** whilst you are having **treatment** to kill **cancer** cells.

#### 4.10 > Fat removal

We do not cover the removal of fat or surplus tissue, such as abdominoplasty (tummy tuck), whether the removal is needed for medical or psychological reasons.

#### 4.11 > Gender re-assignment or gender confirmation

We do not cover gender re-assignment or gender confirmation **treatment** or anything connected with them in any way, such as:

- gender reassignment operations or other surgical **treatment**
- psychotherapy or similar services
- any other **treatment**.

#### 4.12 > GP and primary care services

- ✗ If you do not have the Dentist and Optician Cashback Option or the Extended Cover Option, we do not cover any fees for services that a GP or dentist could normally carry out, or any other primary care services.
- ✗ We do not pay for prescriptions, appliances or other ancillary services provided by GPs.
- ✗ We do not pay for membership fees (sometimes known as subscription fees) for GP services.

##### ✓ Extra cover if you have the Dentist and Optician Cashback Option

If you have the Dentist and Optician Cashback Option, we will pay towards dentists' and opticians' fees but not fees for services that a GP could normally carry out or any other primary care services

» See also 3.1 Looking at who should provide treatment

##### ✓ Extra cover if you have the Extended Cover Option

If you have the Extended Cover Option, you have cover for private GP consultations and access to Doctor@Hand for online, video and telephone consultations as shown in the Extended Cover Options table.

#### 4.13 > Infertility and assisted reproduction

We do not cover investigation or **treatment** of infertility and assisted reproduction or treatment designed to increase fertility. This includes:

- **treatment** to prevent future miscarriage
- investigations into miscarriage
- assisted reproduction
- anything that happens, or any **treatment** you need, as a result of these **treatments** or investigations.

#### 4.14 > Kidney dialysis

We do cover kidney dialysis, but only in some situations.

##### What is covered for kidney dialysis?

We will cover kidney dialysis for up to six weeks if you are being prepared for kidney transplant. However, we will not cover regular or long-term kidney dialysis if you have chronic kidney failure.

» See also 4.19 Organ or tissue donation



#### 4.15 > Learning and developmental disorders

We do not cover any **treatment**, investigations, assessment or grading to do with:

- learning disorders
- speech delay
- educational problems
- behavioural problems
- physical development
- psychological development.

Some examples of the conditions we do not cover are the following (please call if you would like to know if a condition is covered):

- dyslexia
- dyspraxia
- autistic spectrum disorder
- attention deficit hyperactivity disorder (ADHD)
- speech and language problems, including speech therapy needed because of another **medical condition**.

#### 4.16 > Long sightedness, short sightedness and astigmatism

We do not cover any **treatment** to correct long sightedness, short sightedness or astigmatism.

##### ✓ Extra cover if you have the Dentist and Optician Cashback Option

If you have the Dentist and Optician Cashback Option, we will pay towards the cost of eye tests, prescribed glasses and prescribed contact lenses.

» For more details, see the Dentist and Optician Cashback Option table on page 6

##### What is not covered under this Option?

We will not pay towards the cost of:

- contact lens check ups
- contact lens solutions
- repairs to non-prescribed glasses
- new frames
- replacements that you need because of accidental damage
- non-prescribed items that you buy as part of an eye care contract scheme.

If you have an eye care contract scheme and want to claim for anything that you have paid for as part of that scheme, please ask your optician for a receipt showing the cost of all the items you have paid for under the scheme.

##### What you need to claim cashback

If you want to claim cashback under this Option, please ask your optician for full receipts for everything you wish to claim for. We cannot pay any claims without a receipt. Then call us on 0800 206 1808 and we will explain what to do.

## 4.17 > Mental health

Our cover for mental health depends on whether you have the Mental Health Option.

✗ If you do not have the Mental Health Option, we do not cover any **treatment** of psychiatric illness.

### ✓ Extra cover under the Mental Health Option

If you have the Mental Health Option, we will cover your **treatment** for psychiatric illness.

This includes:

- **in-patient** and **day-patient treatment** in hospital
- **out-patient treatment**.

» For more details, see the Mental Health Option table on page 5

All your other membership rules still apply to your cover.

### What happens if I need to go into hospital for a psychiatric condition?

If you need to go into hospital for **in-patient** or **day-patient treatment** of a psychiatric condition, the hospital will contact us to check your cover before you go in. If your **treatment** is covered, we will agree to pay the hospital for an initial period of time in hospital. The hospital will tell you how long this period is.

If you need to stay in hospital for a longer period, we will ask your **specialist** why you need further **treatment**, and let you know if we agree to cover the extended stay.

### What if my condition goes on for a long time?

Our normal rules on **chronic conditions** apply to mental health problems. So if your condition becomes chronic, unfortunately we may no longer be able to cover your **treatment**. If this happens, we will contact you beforehand so that you can decide whether to start paying for the **treatment** yourself, or to transfer to the NHS.

» For more details, see 3.4

### ✗ What is not covered under the Option?

Even if you have the Mental Health Option, we do not cover any **treatment** connected in any way to:

- an injury you inflicted on yourself deliberately
- a suicide attempt
- alcohol abuse
- drug or substance abuse.

## 4.18 > Nuclear, biological or chemical contamination and war risks

We do not cover **treatment** you need as a result of nuclear, biological or chemical contamination.

We do not cover **treatment** you need as a result of war (declared or not), an act of a foreign enemy, invasion, civil war, riot, rebellion, insurrection, revolution, overthrow of a legally constituted government, explosions of war weapons, or any similar event.

We do cover **treatment** due to a **terrorist act** so long as the act does not cause nuclear, biological or chemical contamination.

## 4.19 > Organ or tissue donation

If you plan to donate an organ or tissue as a live donor, or receive an organ or tissue from a live donor, please call us so that we can tell you what support we offer.

### What we don't cover

We do not pay for:

- the cost of collecting donor organs or tissue
- any related administration costs – for example, the cost of searching for a donor
- any costs towards organ or tissue donation that is not done in line with appropriate regulatory guidelines.

## 4.20 > Out-patient drugs and dressings

We don't cover drugs and dressings that are not taken or administered while you are an **in-patient**, **day-patient** or **out-patient**. By this we mean drugs, dressings or prescriptions you are given to take home if you have had **in-patient**, **day-patient** or **out-patient treatment** and drugs that could be prescribed by a GP or bought without a prescription.

## 4.21 > Pregnancy and childbirth

As pregnancy and childbirth are not **medical conditions** and because the NHS provides for them, our cover is limited.


We don't cover the normal checks or other interventions, such as monitoring and screening, that you will have during pregnancy and birth. However, if you develop a **medical condition** while pregnant or giving birth, we may cover it.


### What is covered?

We will cover the additional costs for **treatment** of **medical conditions** that arise during pregnancy or childbirth. For example:

- ectopic pregnancy (pregnancy where the embryo or foetus grows outside the womb)
- hydatidiform mole (abnormal cell growth in the womb)
- retained placenta (afterbirth retained in the womb)
- placenta praevia
- eclampsia (a coma or seizure during pregnancy and following pre eclampsia)
- diabetes (If you have exclusions because of your past medical history related to diabetes, then you will not be covered for any **treatment** for diabetes during pregnancy)

- post partum haemorrhage (heavy bleeding in the hours and days immediately after childbirth)
- miscarriage requiring immediate surgical **treatment**.

 Because our cover for pregnancy and childbirth is limited, please call us on 0800 206 1808 to check what you are covered for before starting any private **treatment**.

 If you have a baby, we can often add them to your membership from birth. However, if the baby was born after fertility **treatment** or assisted reproduction, there are a few limits on our cover. Please call us on 0800 206 1808 so we can explain what we can cover.


#### 4.22 > Preventative treatment and screening tests

Health insurance is designed to cover problems that you're experiencing at the moment, so it generally doesn't cover preventative **treatment** or screening tests.

##### What is not covered for preventative treatment or screening tests?

We do not pay for:

- preventative **treatment**, such as preventative mastectomy
- routine preventative examinations and check-ups
- genetic screening tests to check whether you have a genetic risk of a **medical condition** any other preventative **treatment** or screening tests to see whether you have a **medical condition** if you do not have any symptoms
- vaccinations.

 If you're unsure whether your **treatment** is preventative or not, please call us on 0800 206 1808 before going ahead with the **treatment**.


#### 4.23 > Reconstructive surgery

We do cover reconstructive **surgery**, but only in certain situations.

##### What is covered?

We will cover your first reconstructive **surgery** to restore function or appearance following an accident or **surgery** for a **medical condition** that was covered by your membership. We will do this so long as:

- you had continuous cover with us before the accident or **surgery** happened
- we agree the method and cost of the **treatment** in writing beforehand.

 Please call us on 0800 206 1808 before agreeing to reconstructive **surgery** so we can tell you if you are covered.

##### What is not covered?

We do not cover **treatment** that is connected to previous reconstructive **surgery**.

» See also 4.7

#### 4.24 > Rehabilitation


We do cover **in-patient** rehabilitation for a short period, but there are some limits to our cover.

##### What is covered for rehabilitation?

We will cover **in-patient** rehabilitation for up to 28 days, so long as:

- It is part of **treatment** that is covered by your membership.
- A **specialist** in rehabilitation is overseeing your **treatment**.
- You have your **treatment** in a rehabilitation hospital or unit that is included in our **Directory of Hospitals**.
- The **treatment** can't be carried out as a **day-patient** or **out-patient**, or in another suitable location.
- We have agreed the costs before you start rehabilitation.

If you have severe central nervous system damage following external trauma or accident, we will extend this cover to up to 180 days of **in-patient** rehabilitation.

 If you need rehabilitation, please call us on 0800 206 1808, as we will need to confirm that we recognise the hospital or unit where you are having the rehabilitation.

#### 4.25 > Self-inflicted injury and suicide

We do not cover **treatment** you need as a direct or indirect result of a deliberately self-inflicted injury or a suicide attempt.

#### 4.26 > Sexual dysfunction

We do not cover **treatment** for sexual dysfunction or anything related to sexual dysfunction.

#### 4.27 > Social, domestic and other costs unrelated to treatment

We do not cover the costs that you pay for social or domestic reasons, such as home help costs. We do not cover the costs that you pay for any reasons that are not directly to do with **treatment** such as travel to or from the place you are being treated

#### 4.28 > Sports related treatment

We do not cover **treatment** you need as a result of training for or taking part in any sport for which you:

- are paid
- receive a grant or sponsorship (we do not count travel costs in this), or
- are competing for prize money.

#### 4.29 > Sterilisation

We do not cover:

- sterilisation
- any consequence of being sterilised
- reversal of sterilisation
- any consequence of a reversal of sterilisation.

#### 4.30 > Teeth and dental conditions

Our cover for treating teeth and dental conditions depends on whether you have the Extra Care Option or Dentist and Optician Cashback Option. If you do not have either Option, your membership will not cover dental problems or any routine dental care.

##### Cover for all members

You do not have cover for treating dental problems or any routine dental care including oral **surgery**, this also means we will not pay any fees for dental **specialists**, such as orthodontists, periodontists, endodontists or prosthodontists.

##### ✓ Extra cover if you have the Extra Care Option

If you have the Extra Care Option, we will cover the following types of oral **surgery** when you are referred for **treatment** by a dentist:

- reinserting your own teeth after an injury
- removing impacted teeth, buried teeth and complicated buried roots
- removal of cysts in the jaw (sometimes called enucleation).

##### ✓ Extra cover if you have the Dentist and Optician Cashback Option

If you have the Dentist and Optician Cashback Option, we will pay towards your dentist's fees, as shown in the table on page 6. We will pay for fees that you have paid directly to a dentist or dental hygienist, so long as they are registered with the General Dental Council.

If you have a dental care contract scheme (such as Denplan), we will not pay for any premiums you have paid for this scheme.

##### What you need to claim cashback

If you want to claim cashback under this Option, please ask your dentist for full receipts for everything you wish to claim for. We cannot pay any claims without a receipt. Then call us on 0800 206 1808 and we will tell you what to do next.

#### 4.31 > Treatment abroad

We do not cover any costs for **treatment** you receive outside the **UK**, Channel Islands or the Isle of Man or for **treatment** if you live outside the **UK**.

##### ✓ Extra cover if you have the Travel Cover Option

If you have the Travel Cover Option, please see the Travel cover handbook for details of your cover for **treatment** abroad.

##### ✓ Extra cover if you have the Extended Cover Option

If you have the Extended Cover Option you have cover for **treatment** outside of the **UK**, Channel Islands or Isle of Man.

We will pay up to the cost we would have paid for you to have the **treatment** in the **UK**, Channel Islands or Isle of Man.

We will pay so long as:

- the **treatment** is planned before you go abroad
- the **treatment** is carried out by a medical practitioner
- we have agreed the fee before you go abroad for the **treatment**
- the **treatment** would have been covered in the **United Kingdom**, Channel Islands or Isle of Man.

#### 4.32 > Treatment that is not medically necessary

Like most health insurers, we only cover **treatment** that is medically necessary. We do not cover **treatment** that is not medically necessary, or that can be considered a personal choice.

#### 4.33 > Warts

We do not cover **treatment** of skin warts.

#### 4.34 > Weight loss treatment

We do not cover treatment for weight loss.

##### What is not covered?

We do not cover any fees for any kind of bariatric (weight loss) surgery, regardless of why the surgery is needed. This includes fitting a gastric band, creating a gastric sleeve, or other similar **treatment**.

# 5 Managing your membership

- 5.1 > Adding a family member or baby
- 5.2 > Paying your excess
- 5.3 > Keeping us informed
- 5.4 > If you move abroad
- 5.5 > Paying income tax on your subscription
- 5.6 > Cancelling your membership
- 5.7 > Leaving your employer
- 5.8 > Making a complaint

## 5.1 > Adding a family member or baby

Whether you can add **family members**, including babies, to your cover will depend on the agreement we have with your employer. Depending on your agreement with your employer, there may be restrictions on when you can add **family members**.

 Please call us if you wish to add a **family member** or baby. To add any **family member** or a new baby to your cover, call us on 0800 587 0955 or speak to your intermediary.

### Who you can add

You can normally add:

- Your partner. It does not matter whether you are married, in a civil partnership, or living together permanently in a similar relationship.
- Any of your children or your partner's children.

If you would like to add a new baby to your cover, you can normally do this from their date of birth, so long as you call us within three months of their birth.

We normally will not need details of their medical history.

## Babies born after fertility treatment, or following assisted reproduction, or who you have adopted

You can add a baby born after fertility **treatment**, or following assisted reproduction (such as IVF), or who you've adopted, to your membership. As with most health insurance, our cover for **treatment** has a few limits in these situations.

If a baby is born after fertility **treatment**, or following assisted reproduction, or if you have adopted a baby:

- We may ask for more details of the baby's medical history.
- We will not cover any **treatment** in a Special Care Baby Unit or paediatric intensive care.
- We may add other conditions to the baby's cover. For example, we may limit their cover for **pre-existing conditions**.

We count fertility **treatment** as taking any prescription or non-prescription drug or other **treatment** to increase fertility.

## 5.2 > Paying your excess

Your membership certificate will tell you if you have an excess and how much it is. This section tells you how to pay it.

### If you have an excess

If you have excess to your membership, you can see the amount on your membership certificate in your membership guide. Here is how excesses work:

- We will take your excess off the amount covered by your **plan** for the first claim for each person in each membership **year**. For example, if the claim was covered for £800, and the excess was £100, we would pay £700.
- If your claim is for a **treatment** that has a limit we will apply the limit before we take the excess off.
- We count the **treatment** costs for each **year** according to the date the **treatment** took place.
- Even if **treatment** costs less than your excess, please tell us about it so we can make sure we take this into account if you claim again that **year**.
- Your excess applies per person. So if two people covered by your membership claim, we will take the excess off both their claims.
- We only take off the excess once per person per membership **year**. So even if you claim several times, we will only take the excess off once. It does not matter whether you claim several times for the same **medical condition**, or for several **medical conditions**.
- It also applies for each membership **year**. This means that if you incur costs during this membership **year**, we will take the excess off what we pay for your claim. If you then incur more

costs in the next membership year, even if it's for the same condition, we will take the excess off that claim.

- If your claim goes over your renewal, we will take the excess off the amount we pay for your claim before renewal, then we will take the excess off the amount we pay for your claim after renewal.

If you have any questions about how your excess works, please call us on 0800 587 0955.

» You can find an example of how we work out the excess below.

#### Claims that you do not have to pay an excess for

If you claim for any of the following, you will not need to pay an excess:

- NHS radiotherapy and chemotherapy cash benefit.
- If you have the Extra Care Option: NHS cash benefit or chiropody.
- If you have the Dentist and Optician Cashback Option: any claim for dentist's fees, optician's fees or eye tests.
- If you have the Extra Cancer Cover Option: any claim for wigs or hospice donations.
- If you have the Extended Cover Option: Doctor@Hand consultations.

The excess will apply to all other benefits, including the 'Fees for visits to a private GP for consultations' benefit if you have the Extended Cover Option.

#### An example of how we work out the excess

Excesses can be complicated, so we've included an example of how it works here.

##### Situation:

- Ann has the Enhanced Out-patient Option, which has a limit of £1,000 for **out-patient treatment** (as shown in the table on page 4)
- She also has an excess of £100.

##### Here's how it works:

- 1 Ann has a medical problem that is covered by her Option. She claims for £700 for **out-patient treatment** (her first claim for the year).
- 2 We apply the £100 excess, so Ann pays the first £100 of the claim.
- 3 We then pay the remaining £600 directly to the hospital.
- 4 We take the whole £700 cost of the claim off Ann's £1,000 limit for **out-patient treatment** (not just the £600 that we paid). So she now has £300 left for **out-patient treatment** for the rest of the year.
- 5 A month later, but in the same membership year, Ann needs some more **out-patient treatment** that's covered by her Option. This costs £450.

Ann doesn't need to pay any excess, she has already paid her full excess in this membership year. But she only has £300 left from her Enhanced Out-patient Option limit.

So we'll pay £300 towards the cost. Ann will need to pay the remaining £150 herself to the hospital.

### 5.3 > Keeping us informed

If any of your personal details change, it's important that you let us know as soon as possible. If you're unsure whether the change is important, it's best to tell us and we can explain if it affects your membership.

#### Changes you must tell us about?

If you send us any form, and anything changes between the time you send the form and the time we confirm that we have made the change shown in the form, you must tell us.

### 5.4 > If you move abroad

If you move outside of the **United Kingdom**, you won't be able to keep your current membership and you will not be able to make any claims for treatment. You may be able to set up a new plan with our international team.

#### Can I stay on the same plan if I move abroad?

If you go to live outside of the **United Kingdom**, you cannot stay on the same healthcare insurance plan. However, you may be able to join an AXA PPP International plan. Please call us on 0800 587 0955 to discuss your options.

### 5.5 > Paying income tax on your subscription

You will have to pay income tax on the subscriptions paid by your employer.

### 5.6 > Cancelling your membership

As your membership is part of a group membership that has been arranged by your employer you are not able to cancel it.

### 5.7 > Leaving your employer

We'll try to get in touch with you when we know that you're leaving your employer.



### Call us on 0800 028 2915 when you know you're leaving

If you leave the employer that provides this plan, it's quick and easy to transfer to a personal plan.

When you transfer to a personal plan with similar cover, we can usually continue to cover any existing medical conditions without the need for medical underwriting – so you won't have to fill in any forms or have a medical examination.

Call us as soon as you know you're leaving as you may find it difficult to get continued cover for any existing or previous medical conditions later.

We'll arrange everything over the phone.

## 5.8 > Making a complaint

Our aim is to make sure you're always happy with your membership. If things do go wrong, it's important to us that we put things right as quickly as possible.

### Making a complaint

If you want to make a complaint, you can call us or write to us using the contact details below.

To help us resolve your complaint, please give us the following details:

- your name and membership number
- a contact phone number
- the details of your complaint
- any relevant information that we may not have already seen.

Please call us on 0800 206 1808.

Or write to:

AXA PPP healthcare  
Phillips House  
Crescent Road  
Tunbridge Wells  
Kent TN1 2PL

### Answering your complaint

We'll respond to your complaint as quickly as we can.

If we can't get back to you straight away, we'll contact you within five working days to explain the next steps.

We always aim to resolve things within eight weeks from when you first told us about your concerns. If it looks like it will take us longer than this, we will let you know the reasons for the delay and regularly keep you up to date with our progress.

### The Financial Ombudsman Service

You may be entitled to refer your complaint to the Financial Ombudsman Service. The ombudsman service can liaise with us directly about your complaint and if we can't fully respond to a complaint within eight weeks or if you are unhappy with our final response, you can ask the Financial Ombudsman Service for an independent review.

The Financial Ombudsman Service

Exchange Tower  
Harbour Exchange Square  
London E14 9SR

Phone: 0300 123 9 123 or 0800 023 4567

Email: [complaint.info@financial-ombudsman.org.uk](mailto:complaint.info@financial-ombudsman.org.uk)

Website: [financial-ombudsman.org.uk](http://financial-ombudsman.org.uk)

### Your legal rights

None of the information in section 5.8 affects your legal rights.

# 6 Legal information

- 6.1 > Rights and responsibilities
- 6.2 > Our authorisation and regulation details
- 6.3 > The Financial Services Compensation Scheme (FSCS)
- 6.4 > Your personal information
- 6.5 > What to do if somebody else is responsible for part of the cost of your claim
- 6.6 > What to do if your claim relates to an injury or medical condition that was caused by another person

## 6.1 > Rights and responsibilities

This section sets out the rights and responsibilities you, your employer and we have to each other.

### Your plan

Your **plan** is for one **year**.

Only those people listed in the **company agreement** can be members of this **plan**.

All cover ends when the **lead member** stops working for the **company** or if the **company's** group membership ends.

We will pay for covered costs incurred during a period for which the subscription has been paid.

We will confirm the date that the **plan** starts and ends, who is covered, and any special terms that apply.

Your membership statement is proof of your cover. We may charge you £25 plus VAT if you ask us to provide a copy of your membership statement.

### Renewal

At the end of each **plan year**, we will contact the **company** to tell them the terms the **plan** will continue on if the **plan** is still available. We will renew the **plan** on the new terms unless the **company** asks us to make changes or tells us they wish to cancel. You will be bound by those terms.

### Providing us with information

Whenever we ask you to give us information, you will make sure that all the information you give us is sufficiently true, accurate and complete for us to be able to work out the risk we are considering. If we later discover that it is not, we can cancel the plan or apply different terms of cover in line with the terms we would have applied if the information had been presented to us fairly.

You must write and tell us if you change your address.

### Our right to refuse to add a family member

We can refuse to add a **family member** to the **plan**. We will tell the **lead member** if we do this.

### Subrogated rights

We, or any person or company that we nominate, have subrogated rights of recovery of the **lead member** or any **family members** in the event of a claim. This means that we will assume the rights of the **lead member** or any **family members** to recover any amount they are entitled to that we have already covered under this **plan**.

For example, we may recover amounts from someone who caused injury or illness, or from another insurer or a state healthcare provider.

The **lead member** must provide us with all documents, including medical records, and any reasonable assistance we may need to exercise these subrogated rights.

The **lead member** must not do anything to prejudice these subrogated rights.

We reserve the right to deduct from any claims payment otherwise due to you an amount that will be recovered from a third party or state healthcare provider.

### What happens if you break the terms of your plan

If you break any terms of your **plan** that we reasonably consider to be fundamental, we may do one or more of the following:

- refuse to pay any claims;
- recover from you any loss caused by the break;
- refuse to renew your plan;
- impose different terms to the cover;
- end your plan and all cover immediately.

If you (or anyone acting on your behalf) claim knowing that the claim is false or fraudulent, we can refuse to pay that claim and may declare your **plan** void, as if it never existed. If we have already paid the claim we can recover what we have paid from you.

If we pay a claim and the claim is later found to be wholly or partly false or fraudulent, we will be able to recover what we have paid from you.

### International Sanctions

We will not do business with any individual or organisation that appears on an economic sanctions list or is subject to similar restrictions from any other law or regulation. This includes sanction lists, laws and regulations of the European Union, United Kingdom, United States of America or under a United Nations resolution. We will immediately end cover and stop paying claims on your **plan** if you or a **family member** are directly or indirectly subject to economic sanctions, including sanctions against your country of residence. We will do this even if you have permission from a relevant authority to continue cover or subscription payments under a **plan**. In this case, we can cancel your **plan** or remove a **family member** immediately without notice, but will then tell you if we do this. If you know that you or a **family member** are on a sanctions list or subject to similar restrictions you must let us know within 7 days of finding this out.

### What happens if the company agreement ends

If the **company agreement** ends, you can apply to transfer to another **plan**.

### Legal rights

Only the **lead member** and we have legal rights under this **plan**. No clause or term of this **plan** will be enforceable, by virtue of the Contract (Rights of Third Parties) Act 1999, by any other person, including any family member.

### Law applying to your plan

You and we are free to choose the law that applies to your **plan**. The law of England and Wales will apply unless you and we agree otherwise.

### Language for your plan

We will use English for all information and communications about your **plan**.

## 6.2 > Our authorisation and regulation details

AXA PPP healthcare is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority (FCA) and the Prudential Regulation Authority.

The FCA sets out regulations for the sale and administration of general insurance. We must follow these regulations when we deal with you.

Our financial services register number is 202947.

You can check details of our registration on the FCA website: [fca.org.uk](http://fca.org.uk)

## 6.3 > The Financial Services Compensation Scheme (FSCS)

AXA PPP healthcare is a participant in the Financial Services Compensation Scheme (FSCS). The Scheme may act if it decides that an insurance company is in such serious financial difficulties that it may not be able to honour its contracts of insurance. It may do this by:

- providing financial assistance to the insurer
- transferring policies to another insurer
- paying compensation to **lead members**.

The Scheme was established under the Financial Services and Markets Act 2000 and is administered by the Financial Services Compensation Scheme Limited. You can find more information about the scheme on the FSCS website: [fscs.org.uk](http://fscs.org.uk).

## 6.4 > Your personal information

Please make sure that all **members** are aware of the information in this section.

### Protecting your information

AXA PPP healthcare Limited, Health-on-Line and any intermediaries or reinsurers involved in your plan will deal with all personal information you supply in the strictest confidence. We will comply with all the provisions of the Data Protection Act (1998).

We use other companies to do some of our work for us and to run and improve our computer systems. Some of these are in countries outside the European Economic Area (EEA), including some where the laws protecting personal information may not be as strong as in the EEA. We take steps to ensure that any companies and intermediaries that we use give an appropriate level of protection.

### How we will use your information

We will process information about you that may be supplied by you, the **family members** who are covered, healthcare providers or your employer (if applicable).

We may contact healthcare providers for further information, for example to clarify an invoice, discuss an extension to a stay in hospital, or to get copy medical records. If we need your consent to do this, we will get it from you first.

Your data will be used to:

- provide the services set out under the terms of this **plan**
- administer your **plan**
- develop customer relationships and services.

It will be held and used by Health-on-Line, AXA PPP healthcare Limited and any intermediaries involved in your **plan**.

As well as communicating with your healthcare providers we provide non sensitive information to your intermediary (if you use one).

### Information about family members

When you give us information about **family members**, we will take this as confirmation that you have their consent to do so.

We will send most correspondence about the **plan**, including claims correspondence to the **lead member**. We do this because the **lead member** is the legal holder of the insurance **plan**.

If any **family member** over 18 does not want us to do this, they should apply for their own **plan**.

### Your data and fraudulent claims and other crimes

If we, or others, suspect that fraudulent claims have been made or other crimes have been committed, we are legally required to disclose information to the relevant law enforcement agencies.

We may disclose information to third parties, including other insurers, to prevent or investigate crime. This includes if there is a reasonable suspicion about fraud or improper claims. This may involve adding non-medical information to databases that other insurers and law enforcement agencies and other anti-fraud organisations will be able to access.

### Your data and fitness to practise

We are obliged to notify the General Medical Council or other relevant regulatory body if we have reason to believe a healthcare provider's fitness to practise may be impaired. This may mean that we need to disclose information about a **treatment** episode and your **plan**.

### Contacting you about other products and services

We and other members of the **AXA UK Group** may use the information you have provided to tell you about other products and services, such as special offers and healthcare information. These contacts may be by letter, phone, email or mobile message.

You can tell us that you don't wish to receive this information at any time.

## 6.5 > What to do if somebody else is responsible for part of the cost of your claim

You must tell us if you are able to recover any part of your claim from any other party. Other parties would include:

- an insurer that you have another insurance policy with
- a state healthcare system
- a third party that has a legal responsibility or liability to pay.

We will pay our proper share of the claim.

## 6.6 > What to do if your claim relates to an injury or medical condition that was caused or contributed to by another person

You must tell us as quickly as possible if you believe someone else or something (i.e. a third party) contributed to or caused the need for your **treatment**, such as a road traffic accident, an injury or potential clinical negligence.

This does not change the benefits you can claim under your **plan** (your "Claim") and also means that you can potentially be repaid for any costs you paid yourself, such as your excess or if you paid for private treatment that wasn't covered by your **plan**. Where appropriate, we will pay our share of the Claim and recover what we pay from the third party.

Where you bring a claim against a third party (a "Third Party Claim"), you (or your representatives) must:

- include all amounts paid by us for **treatment** relating to your Third Party Claim (our "Outlay") against the third party;
- include interest on our Outlay at 8% p.a.;
- keep us fully informed on the progress of your Third Party Claim and any action against the third party or any pre-action matters;
- agree any proposed reduction to our Outlay and interest with us prior to settlement. If no such agreement has been sought we retain the right to recover 100% of our Outlay and interest directly from you;
- repay any recovery of our Outlay and interest from the third party directly to us within 21 days of settlement;
- provide us with details of any settlement in full.

In the event you recover our Outlay and interest and do not repay us this recovered amount in full we will be entitled to recover from you what you owe us and your **plan** may be cancelled in accordance with 'What happens if you break the terms of your plan' on page 34.

Even if you decide not to make a claim against a third party for the recovery of damages we retain the right (at our own expense) to make a claim in your name against the third party for our Outlay and interest. You must co-operate with all reasonable requests in this respect.

The rights and remedies in this clause are in addition to and not instead of rights or remedies provided by law.

If you have any questions please call 0800 048 1206 and ask for the Third Party Recovery team.

# 7 Glossary

Certain terms in this handbook have specific meanings. The terms and their meanings are listed in this glossary.

Where we've highlighted these terms in bold they have a specific meaning.

- ◆ The terms marked with this symbol have meanings that are agreed by the Association of British Insurers. These meanings are used by most medical insurers.

**acupuncturist** – a medical practitioner who specialises in acupuncture who is registered under the relevant Act or a practitioner of acupuncture who is a member of the British Acupuncture Council (BACc); and who, in all cases, meets our criteria for acupuncturist recognition for benefit purposes in their field of practice, and who we have told in writing that we currently recognise them as an acupuncturist for benefit purposes in that field for the provision of **out-patient treatment** only.

» The full criteria we use when recognising medical practitioners are available on request

**acute condition** ◆ – a disease, illness or injury that is likely to respond quickly to treatment which aims to return you to the state of health you were in immediately before suffering the disease, illness or injury, or which leads to your full recovery.

**AXA UK Group** – The companies that make up the AXA UK Group. At the time of printing these are: AXA PPP healthcare Limited, AXA PPP healthcare Group Plc., AXA PPP healthcare Administration Services Limited, Health-on-Line Company UK Limited, SecureHealth, AXA Wealth Services Limited, AXA Services Limited, Sunlife Direct, Swiftcover, AXA Insurance and Architas MultiManager. The companies that make up the AXA UK Group may change from time to time.

» See [axapphealthcare.co.uk/group](http://axapphealthcare.co.uk/group) for the current list

**cancer** ◆ – a malignant tumour, tissues or cells, characterised by the uncontrolled growth and spread of malignant cells and invasion of tissue.

**chronic condition** ◆ – a disease, illness or injury that has one or more of the following characteristics:

- it needs ongoing or long-term monitoring through consultations, examinations, check-ups and/or tests
- it needs ongoing or long-term control or relief of symptoms

- it requires your rehabilitation or for you to be specially trained to cope with it
- it continues indefinitely
- it has no known cure
- it comes back or is likely to come back.

**cognitive behavioural therapist** – a medical practitioner who meets all of the following conditions:

- practices cognitive behavioural therapy
- is recognised by us as a cognitive behavioural therapist.

We will pay for **treatment** by a cognitive behavioural therapist if both the following apply:

- a **specialist** refers you to them
- the **treatment** is as an **out-patient**.

If the **treatment** is as an **in-patient** or **day-patient**, that **treatment** will be included as part of your **private hospital** charges.

» The full criteria we use when recognising medical practitioners are available on request

**company** – the company that pays for the group membership that your plan is part of.

**company agreement** – our agreement with the **company**. This agreement sets out who can be covered, when cover begins, how it is renewed, and how subscriptions will be paid.

**day-patient** ◆ – a patient who is admitted to a hospital or **day-patient unit** because they need a period of medically supervised recovery, but does not occupy a bed overnight.

**day-patient unit** – a medical unit where **day-patient treatment** is carried out.

» The units we recognise are listed in our [Directory of Hospitals at axapphealthcare.co.uk/hospitals](http://axapphealthcare.co.uk/hospitals)

**diagnostic tests** ◆ – investigations, such as x-rays or blood tests, to find or to help to find the cause of your symptoms.

**Directory of Hospitals** – the list of hospitals, **day-patient units** and **scanning centres** that are available for you to use under the terms of your **plan**.

The list changes from time to time, so you should always check with us before arranging treatment. Some **treatments** are only available in certain facilities.

» The [Directory of Hospitals](http://axapphealthcare.co.uk/hospitals) is on our website at axapphealthcare.co.uk/hospitals

**facility** – a **private hospital**, or unit listed in the **Directory of Hospitals** with which we have an agreement to provide a specific set of medical services.

Some facilities may have arrangements with other establishments to provide **treatment**.

**family member** – 1) the **lead member's** current spouse or civil partner or any person living permanently in a similar relationship with the **lead member**; and 2) any of their or the **lead member's** children. Children cannot stay on your plan after the renewal date following their 25th birthday.

**fee-approved specialist** – a **specialist** whose fees for covered **treatment** we routinely pay in full.

**fee-limited specialist** – a **specialist** whose fees for covered **treatment** we pay up to the amount shown in the schedule of procedures and fees.

» The schedule of procedures and fees is on our website: [axapphealthcare.co.uk/fees](https://axapphealthcare.co.uk/fees)

**homeopath** – a medical practitioner with full registration under the Medical Acts, who specialises in homeopathy who is registered under the relevant Act or a practitioner of homeopathy who holds full membership of the Faculty of Homeopathy and who, in all cases, meets our criteria for homeopath recognition for benefit purposes in their field of practice, and who we have told in writing that we currently recognise them as a homeopath for benefit purposes in that field for the provision of **out-patient treatment** only.

» The full criteria we use when recognising medical practitioners are available on request

**in-patient** ♦ – a patient who is admitted to hospital and who occupies a bed overnight or longer, for medical reasons.

**medical condition** – any disease, illness or injury, including psychiatric illness.

**nurse** ♦ – a qualified nurse who is on the register of the Nursing and Midwifery Council (NMC) and holds a valid NMC personal identification number.

**out-patient** ♦ – a patient who attends a hospital, consulting room, or **out-patient** clinic and is not admitted as a **day-patient** or an **in-patient**.

**plan** – the insurance contract between you and us. The full terms of your plan are set out in the latest versions of:

- any application form we ask you to fill in
- any statement of fact we send you
- this handbook
- your membership certificate and our letter of acceptance.

**lead member** – the first person named on your membership statement.

**practitioner** – a dietician, **nurse**, orthoptist or speech therapist that we have recognised.

We will pay for **treatment** by a **practitioner** if both the following apply:

- a **specialist** refers you to them
- the **treatment** is as an **out-patient**.

If the **treatment** is as an **in-patient** or **day-patient**, that **treatment** will be included as part of your **private hospital** charges.

» The full criteria we use when recognising practitioners are available on request

**private hospital** – a hospital listed in our current **Directory of Hospitals**.

**psychologist** – a medical **practitioner** who meets all of the following conditions:

- practices psychology
- is recognised by us as a **psychologist**.

We will pay for **treatment** by a **psychologist** if both the following apply:

- a **specialist** refers you to them
- the **treatment** is as an **out-patient**.

If the **treatment** is as an **in-patient** or **day-patient**, that **treatment** will be included as part of your **private hospital** charges.

» The full criteria we use when recognising psychologists are available on request

**scanning centre** – a centre where **out-patient** CT (computerised tomography), MRI (magnetic resonance imaging) and PET (positron emission tomography) is carried out.

» The centres we recognise are listed in our **Directory of Hospitals** at [axapphealthcare.co.uk/hospitals](https://axapphealthcare.co.uk/hospitals)

**specialist** – a medical practitioner who meets all of the following conditions:

- has specialist training in an area of medicine, such as training as a consultant surgeon, consultant anaesthetist, consultant physician or consultant psychiatrist
- is fully registered under the Medical Acts
- is recognised by us as a specialist.

The definition of a **specialist** who we recognise for **out-patient treatment** only is widened to include those who meet all of the following conditions:

- specialise in psychosexual medicine, musculoskeletal or sports medicine, podiatric surgery.
- is fully registered under the Medical Acts
- is recognised by us as a specialist.

» The full criteria we use when recognising specialists are available on request

**surgery/surgical procedure** – an operation or other invasive surgical intervention listed in the schedule of procedures and fees.

**terrorist act** – any act of violence by an individual terrorist or a terrorist group to coerce or intimidate the civilian population to achieve a political, military, social or religious goal.

**therapist** – a medical practitioner who meets all of the following conditions:

- is a practitioner in physiotherapy, osteopathy or chiropractic **treatment**
- is fully registered under the relevant Acts
- is recognised by us as a therapist for **out-patient treatment**.

» The full criteria we use when recognising medical practitioners are available on request

**treatment** ♦ – surgical or medical services (including **diagnostic tests**) that are needed to diagnose, relieve or cure a disease, illness or injury.



**United Kingdom (UK)** – England, Scotland, Wales and Northern Island. Please note, this excludes the Channel Islands and the Isle of Man.

**year** – the 12 months from your **plan** start date or last renewal date. However, during the first year of membership your **plan** may begin part way through a month but will renew from the first of that month the next year.



# How to get in touch

## Questions about your plan

0800 587 0955

Monday to Friday 8:30am to 5:30pm

## Claims

0800 206 1808

Monday to Friday 8am to 8pm and Saturday 9am to 5pm

## 24 hour medical help and information

0800 003 004

Talk to a medical professional at any time, day or night

Your membership documents are available in other formats.

If you would like a Braille, large print or audio version, please contact us



This private medical insurance plan is underwritten by AXA PPP healthcare Limited -  
AXA PPP healthcare Limited Registered Office: 5 Old Broad Street, London, EC2N 1AD, United Kingdom.

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We may record and/or monitor calls for quality assurance, training and as a record of our conversation.